

# Premier Health Group Inc.

PRESS RELEASE

November 28, 2017

## **Premier (CSE: PHGI) Announces Trading To Commence November 29, 2017 On The CSE**

**Vancouver B.C., November 28, 2017 – Premier Health Group Inc. (“Premier”, “PHGI” or the “Company”)** is pleased to announce that its common shares have been approved for listing on the Canadian Securities Exchange (the “CSE”) and will commence trading on Wednesday, November 29, 2017 under the symbol PHGI. As announced in the Company’s news releases dated October 27, 2017 and October 11, 2017, the Company completed a rights offering for total consideration of \$207,000 by issuance of 207,000 shares. The current issued and outstanding number of common shares of the Company is 34,944,031, CUSIP 74052D103. The Company’s prospectus was receipted February 10, 2017.

Premier is a Canadian company that is strategically poised to take advantage of business opportunities in the global health care industry. We are developing innovative health care approaches that combine human skill based expertise with emerging technologies, and will set the gold standard for services in locations of interest worldwide.

The first phase of PHGI’s international growth strategy has focused on the Dominican Republic. This country has a highly developed infrastructure as well as the largest and fastest growing economy in the Caribbean and Latin American region. The government encourages and supports international investment with various tax and import incentives offered to qualifying business ventures.

The Company’s subsidiary, Premier Clinicas de Rehabilitacion, (“PCR”) is a multidisciplinary rehabilitation facility operating for over three years, based on the most current North American practices and methods. The clinic provides physiotherapy, massage therapy, return to work treatment and conditioning under the direct supervision of orthopedic surgeons, physiotherapists and licensed rehabilitation specialists.

The Company is led by Brenda Rasmussen, its CEO, President and Director. Ms. Rasmussen is the founder of Alegro Health Corp. (now Centric Health Corporation). Alegro Health Corp. was listed on the TSE Venture Exchange in 2002 under the name Alegro Health Corp. and the TSX in 2009 (later renamed Centric Health Corp). Since leaving Centric Health Corp. Ms. Rasmussen has provided consulting services in Canada and she established the first privately owned multidisciplinary clinic in the city of Santiago, Dominican Republic. Ms. Rasmussen studied psychology at York University, social work at Humber College and received certification from the Ontario Teacher’s College. She holds a Certificate of Rehabilitation Counselor (CCRC).

## Summary of the Board of Directors:

Ms. Katherine Badali has served as a Director of the company since February 2016. She has provided management consultation services across the Canadian health care system since 1994. Clients have included government, academic and research organizations, hospital and community-based service providers, health profession regulators and third party insurers. She has also served as a surveyor for the U.S. Commission on the Accreditation of Rehabilitation Facilities (CARF), Medical Rehabilitation Division and on International accreditation teams in the U.S. and Norway. Ms. Badali holds Bachelor of Science and Master of Science degrees from the University of Toronto and maintains active registration with the College of Physiotherapists of Ontario.

Mr. Donald Gordon has served as a Director and CFO of the Company since July 2015. Mr. Gordon has been conducting corporate finance consulting for issuers since 1999. Mr. Gordon was Senior Advisor to the Canadian Securities Exchange from 2005 until 2016 and prior to 1999 held management positions in corporate finance and marketing over a 17 year career with the predecessor of the TSX Venture Exchange, the Vancouver Stock Exchange. Mr. Gordon is past President and Board Member of the Vancouver Society of Financial Analysts. Mr. Gordon holds BA and MBA degrees from the University of British Columbia and is a CFA charter holder.

Mr. Brian Peterson has served as a Director of the company since July 2015. Mr. Peterson has a background in dealing with government and regulatory bodies with an emphasis on financial institution regulation. Mr. Peterson is Chairman of Truvera Trust Corporation and a Director of the Mortgage Broker's Institute of British Columbia. Mr. Peterson is the past President of the Mortgage Broker's Institute, past President of the Mortgage Broker's Association of British Columbia and a past Director of the Canadian Association of Mortgage Professionals. He holds a BA in Economics from the University of Victoria and a Diploma in Urban Land Economics from the University of British Columbia.

## **ON BEHALF OF THE BOARD OF DIRECTORS**

*"Donald Gordon"*

Director

Statements in this news release may be viewed as forward-looking statements. Such statements involve risks and uncertainties that could cause actual results to differ materially from those projected. There are no assurances the company can fulfill such forward-looking statements and the company undertakes no obligation to update such statements. Such forward-looking statements are only predictions; actual events or results may differ materially as a result of risks facing the company, some of which are beyond the company's control.